

Help to Health

Volunteer Patient Transport

If you live in the Durham Dales, Easington, Sedgefield, Derwentside, Durham or Chester-le-Street areas and need assistance getting to your health appointments, our volunteers could help get you there.

Help to Health is a volunteer driver service delivered by County Durham charities Volunteering Matters and Supportive. Between them they have over 40 years experience of transporting patients to their doctors and hospital appointments. Transport is available Monday to Friday 8:30am to 5:30pm.

You can book up to four weeks before your appointment but we need at least 48 hours notice. The service will be charged per mile. When your booking is confirmed we will tell you how much your journey will be.

For more information visit: www.help-to-health.org.uk

To book an appointment and to see if you are eligible, telephone:

0300 3309424



Help to Health

Volunteer Patient Transport



Are you looking to get more involved with your local community and enjoy helping people?

Are you reliable, friendly and helpful?

Do you have your own car?

If so, come and volunteer for Help To Health

We have over 40 years experience of delivering volunteer patient transport and it's never been more of an exciting time to come and volunteer for us.

We know that your time is precious so we will support you to give as much or as little time as you are able. Some of our volunteers help us a couple of hours a month, others much more.

You'll be working directly with patients, but don't worry if you've never volunteered before as we'll give you all the training you need and cover the costs.

Not only will you receive the HMRC recommended mileage amount along with any costs incurred, but you'll probably make some new friends too!

For more information visit:
www.helpstohealth.org.uk

For an application form
telephone:
0300 3309424

