



Sedgefield North

Integrated Care Service

Care Coordinators

Do you need help or support to remain independent?

Care Coordinators can work with people who have long term conditions or complex care needs.

They can find the right level of support to enable you to live as **independently** as possible, ensuring you receive the **right support** at a **time that is right for you**.

Your **Care Coordinator** can support you with:

- * Coordinating your health care appointments
- * Arranging a care needs assessment
- * Identifying and sourcing equipment
- * Navigation of the health and social care system
- * Recent or new diagnosis of a health condition
- * Unpaid Carers

If you feel you could benefit from this service, please **ask at or telephone reception for a referral** to your

Care Coordinator